



Welcome to the **TAMAHERE VISTA** September 2026



If you're like me, you are wondering about the change in season from Winter to Spring. After all, we are surrounded by daffodils, magnolias, and even Cherry Blossoms, but we still have frosts - and fog - and parts of the country have been lashed with snow in the past few days. Patience!! Spring is on its way!

In this issue, we meet a woman who moved to our Village seven years ago, Margaret Boreham. Thank you for sharing your story with us - you are a key member of our community. Thank you for all you do for us. We look forward to many more years together!

We also pay tribute to Noel Turner, who died in recent days. Noel, with his wife, Elva, have lived in their villa for longer than anyone else who still lives in the Village. His contribution to the development of this place is immense - we extend our love and comfort to Elva and her family at this sad time.



Make a note on your calendar - Daylight Saving starts again this month - on Sunday 27th September. So - "Spring forward" - means the clock goes forward one hour!

Have a very happy September!

Carole Fleming (Editor)

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Introducing Margaret Boreham - from Villa 35



Hello to you all! I am excited to be celebrating 7 years living at Tamahere Eventide this November. What a joy it has been to have been supported and cared for by so many beautiful people in the village, especially during the passing of my dear husband Barney last November. For this, I will be forever grateful.

My life started in 1942 down the way in the metropolis of Ohura in the King Country. I have an older brother, John, and a younger sister, Judith. My father worked in the mines as a truck driver. We lived there until 1950 when the family decided to move to the more prosperous city of Auckland. It was during this time that Dad was involved in the construction of the Auckland Harbour bridge (1955-1959). The main reason for moving to the big smoke was for a better education. I grew up with a very strong Catholic upbringing so it was only right that I should attend Good Shepherd Convent and then onto St Benedicts College for my secondary education. John at the age of 17 years left to travel to Australia to become a Christian Brother. It was thanks to his friendship with Barn's brother that I was introduced to my husband Barney.

At school, the seed was planted for my lifelong love and passion for sport. I was a top netball player enjoying both ends of the court as goalkeeper and goal shooter, winning the senior competition. Barney too was a top sportsman representing Auckland St Peter's College as a first 15 player and a top cricket player.

On leaving Secondary school, I attended Burrough's College where I was introduced to using a variety of business equipment. It wasn't long before I was

successfully employed by Northern Assurance. I stayed with the company for 3 years before moving closer to home doing accounts for Foodstuffs in Mt Roskill.

Barney and I got married in 1963. We were fortunate enough to have two daughters. Barney worked for the NZ Army Defense Department as an auditor in Queen Street, Auckland for several years with many overseas trips on NZ frigate ships. Often, I would be left for weeks to look after two small babies. Thank goodness I had my Mum not far away, and we lived in a very close-knit neighbourhood. The girls have many fond memories of visiting the neighbours for many play dates.

Barney was rewarded with a 3.5-year contract to work in Singapore from 1979-1982 and so we packed up and relocated there where, as a family we had many adventures in the tropics and lived a very good life.

So many of our Kiwi friends visited us while over there and shared our experiences living in Sembawang. The girls attended Woodlands International School. While we were there, Barn and I would often be found on the golf course. We would often stop at the Sportsman's Rest on the way home for a very yummy meal. Singapore was such an easy country to transition to. I was blessed with a full-time housekeeper (Armah) and spent my days playing Badminton, participating in the girls' school activities, leading the local Brownies group, taking the girls to get measured up for their personally made clothing from the local seamstress. Life was easy, Life was good. We would spend many hours up at the Fernleaf swimming the days away while socialising in the restaurant.

Barn was transferred to Wellington Trentham Camp. We decided to live close to Barns cousin in the mighty Wairarapa. I managed to secure a job in Defense in Upper Hutt. We would commute every day on the 6am train returning at 6pm. We could only maintain this life for 18 months as it really did put a lot of strain on the family. It was for this reason; we made the decision to move closer to our parents. Barn worked out at the now debunked HopuHopu Military Camp in Ngāruawāhia while I was able to transfer to the Inland Revenue Department in Hamilton. I stayed with the IRD for 25 years. During this period, I made many lifelong friendships and even to this day the 'Golden Girls' meet up together for special events. We have travelled both internationally and domestically together on many occasions.

Our first Grandchild arrived in 2002. We now have five grandies and have spent many hours on the sideline of rugby, netball, cricket, AFL and Lacrosse. Our sporting genes continue to flourish!

I am now a regular attendee at morning Exercise class, Triking at the Cambridge Velodrome, Swimming at Cambridge Pools and attend Mass on Sundays at Assisi Chapel. I have been a regular participant of the Ohaupo Blueberry walk over the years and still enjoy it, whenever I have the opportunity to get out and pound the pavement.

I feel very grateful to have had a healthy and fulfilled life and am immensely grateful to have moved into Eventide Village at the time that we did to receive all the help and support from the Daycare programme and Hospital staff. I now am reaping all the village life benefits of support and love when it is most needed.



Margaret – you are a very special lady and it's a privilege to share your story. We extend our love and thanks to you for all you do to help others experience the support and care Eventide is known for. We are the richer for you being here.

Growing Older – Facing the Questions

Have you ever found yourself questioning yourself -

- Why did I do that?
- Why isn't that as good as I used to do that?

And your answers –

- I don't think I'm up to it now
- I didn't mean to do that
- I don't seem to have the energy to do that now

All of these may be simply be out of our control – because we are just a little older now than before. Aging is not just finding wrinkles, or stiff joints or even white or grey hair.

Sometimes it just creeps up and knocks us – other times it may be the way the young person on the bus or at the mall looks at us or speaks to us, and we realise we are not as young as we remembered.

We are not alone with these thoughts. We live in a community of older people. But maybe the changes you are experiencing are a bit unsettling.

Perhaps another question ought to be - what are the positives for growing older?

Come and share your concerns or insights with others who are in similar situations. We can even tackle the difficult questions.

We will meet on Tuesday 8th September in the Upstairs Harakeke Lounge from 10.30 – 11.30.

**SOME DAYS I JUST WISH I HAD THE
WISDOM OF A NINETY YEAR OLD, THE
BODY OF A TWENTY YEAR OLD AND
THE ENERGY OF A THREE YEAR OLD.**



VILLAGE MANAGER'S COLUMN

Quote of the Month:

“Volunteers do not necessarily have the time; they just have the heart.”

(Elizabeth Andrew)

New Residents

Assisi Villa 31 Tony and Denise Moffat



1. An apology to those who have been affected by the Community Centre not being unlocked. This is now automated with automatic doors opening at 8am and closing at 6pm daily. Unfortunately, the recent power cut has disrupted this and we are trying to get this resolved as soon as possible.
2. Just a gentle reminder about the need to not park on the grass around the Village. The ground is very soft at the moment, and our utility services run alongside the roadways. Please ensure that your visitors know.
3. I'd like to publicly thank our gardening team that is back to full strength, for the work that they are doing in preparing the lawns and gardens for Spring. It is such a pleasure to arrive each day to the lovely park-like vista that we all enjoy.

David McGeorge

VALET DRYCLEANERS – FREE PICKUP AND DELIVERY TO YOUR DOOR

Valet Drycleaners offer a full drycleaning and laundry service. With free pickup and delivery on Tuesdays and Thursday, Jason and Wendy can take care of the cleaning of your Bedding, Soft Furnishings and all your dry-clean only garments, as well as specialising in Leather, Fur and Suede cleaning.

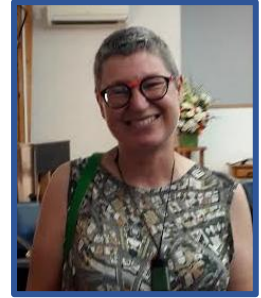
Call 07 8476492 today to discuss and book a pickup.

For those people with Low Vision

If you would find it helpful to have a copy of the calendar at the back of the Vista every month, in larger print, please talk to Lisa.

CHAPLAIN'S KORERO

Hi everyone! It's Felix here, the chaplain's poodle, and I thought it was time I introduced myself. You might have seen me out and about in the Tamahere village or care home and wondered why I'm here.



I come to work every Monday. It's my favourite day of the week and to be quite honest Mum couldn't do her job without me! I help her with her visiting, make sure she gets plenty of exercise chasing me around and bring happiness and joy wherever I go.

In the mornings I take Mum walking and all the staff say hello to me first. I especially like Sue the accountant and Lisa in the village who give me treats. Even though I'm nearly fourteen, I can run super fast down the corridor to Sue's office.

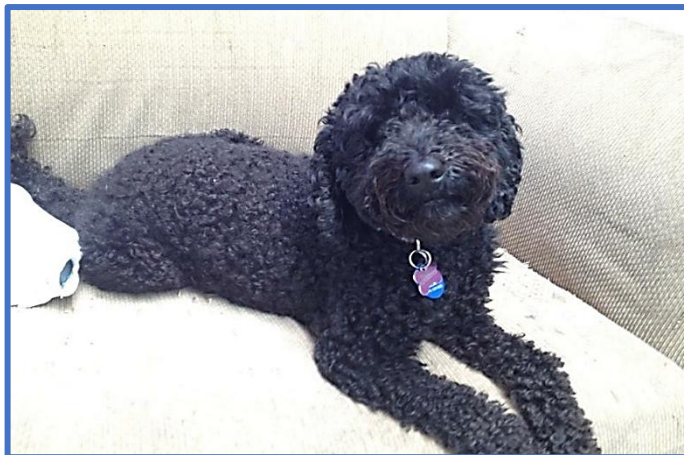
Then I visit all the residents in the care home. They love seeing me, I think I remind them of their own pets at home. Sometimes they're sad or unhappy but they cheer up when they see me and call me a lovely boy. Even the ones who don't talk give me pats and cuddles.

Sometimes I get picked up and put on laps or beds but I don't mind. I'm very gentle especially when I know someone is crossing the rainbow bridge. I just snuggle down and give people extra kisses. I make their families smile.

It's true I can be naughty. This week I slipped out an open door and visited Amanda and her cat in the village! I loved her cat biscuits. And I know I'm not supposed to go in the cafe but Mum puts me on a leash and I save the cleaners lots of work by eating up the crumbs.

At the end of the day I'm always tired, I've been working so hard. But Mum says I've made lots of people happy and that I'm a very good boy. I think every village and care home should have a dog because we make a place feel like home. So stop and say hello next time you see me. And remember I love treats!

Felix the Poodle

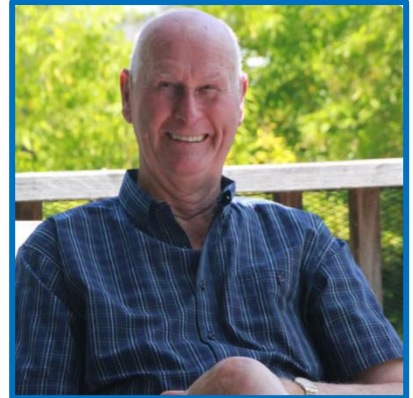


Noel Turner ...

In recent days, our Village has lost a man who, with his wife, Elva, has lived here at Tamahere Eventide, for longer than anyone else who is still here. (Elaine Hunt and Beverley Attrill, who were both neighbours of Noel and Elva, are still here, though have been in the Care Facility for some years).

Noel and Elva moved to Villa 9 at Tamahere Eventide in 2008, that's 18 years ago, and just loved being part of the Tamahere family. They especially enjoyed their kind neighbours, friends and their "precious gully"!

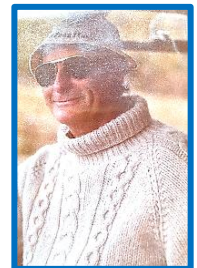
Noel and Elva were both born in Cambridge, with their respective families being Methodist friends. They first met each other at music lessons – they had the same teacher! Their paths crossed: as Elva was coming out, Noel was going in! Later, when Elva was a young probationary teacher at Leamington Primary School in 1950, they met again out yachting at Karapiro Lake. Elva's brother had a small yacht which Noel and he sailed together – often Elva was there too! That year a romance blossomed between them.



Elva and her family were Bycrofts, (Bycroft biscuits) and were for some years living in Northcote in Auckland, where Elva taught at Northcote School following her time at Leamington. Noel and Elva married at Birkenhead Methodist Church on 16 May, 1953 – that's 73 years of married life together.

Noel's father bought his farm at Fencourt (just north of Cambridge) in 1919, and this is where Noel was born and raised. He and Elva spent the first 26 years of their marriage on the same farm. For three years after Noel took over the family farm they struggled to get established as share-milkers. Just 60 acres wasn't large enough for two families, so in 1956 they got a State Advances loan and bought the farm. In the 60's they purchased more land from neighbouring farms and from then on, their situation improved. They were able to update their home, cowshed and other farm buildings. They even employed young men to help on the farm. They worked hard and over the years, the farm was transformed.

Between 1955 and 1962, Noel and Elva had three children - Christopher, Lynley and Paul, followed by five grandsons and thirteen great grandchildren. Their first born was delicate and died in 1966 aged 11 years, but the other two were a real joy to them. During these years both Noel and Elva were very involved in community, school and church affairs. Noel's special interest in cars led to years of belonging to vintage and modern car clubs. After several years of employing a married couple, and finally a share milker, they decided to sell.



School Bus Driver

They moved to Newstead and thirty very happy years were spent there. They travelled overseas and visited many countries, fulfilling a dream that Noel had from a young lad. Near their Newstead home was the local service station. This was where their son Paul served his apprenticeship and, in the process, married the boss's daughter. They had three sons, but very sadly, Paul died 8 years ago. Paul was like his father – an avid vintage car enthusiast.

Noel and Elva had exchanged their farm for a large block of flats in Hamilton and this business kept them very busy maintaining them. They joined the Hamilton City Pakeke Lions Club and a local tramping club.

Noel was a hard working member of the Lions Club, President for two separate terms, and arranged many trips for Club members, home and away.

When the children were in their teens, Noel and Elva bought a holiday home at Bucklands Beach near Warkworth and had wonderful times boating, skiing and sailing with family and friends. As the family made their own way in life, they sold the house and bought a caravan, followed by a campervan. They travelled all over New Zealand exploring the highways and byways.

What attracted them to Tamahere Eventide? Noel and Elva explained that their connection with this place started when they were young. The land where the newer villas are now established was used to grow pine trees, and they would come here to trim these into neat shapes for sale as Christmas trees. At the same time, women from the Cambridge Methodist, as well as other churches, supplied cakes and preserves for the Rest Home here in the early days.

Noel and Elva always spoke warmly of the rich sense of family and the importance for them that this village has a Methodist spirit. Noel's sister had moved into an apartment in Rimu, and it was only a matter of time before they too made this their home.

At that time, there were only 34 villas here. Social activities were held in the Activities Room in the Rest Home (now the Rest Home Lounge and Dining Room). The pot luck lunches held there every month for Village residents, were very popular.

Their "precious gully" at that time was fairly primitive – there were a few tracks, and a man had been paid to build punga retaining walls. Elva was on a mission to plant trees to cover and support the banks, and for many years, together with other willing helpers, they worked tirelessly to restore the gully to what it is today.

In addition, in their spare time both Noel and Elva contributed to village life in many different ways – Noel delivering newspapers twice a week for many years, and Elva delivering mail. Noel played golf on the original course near the Petanque Court, and then again when the mini-golf course was later established near the bowling green, and they were enthusiastic members of the Village's weekly walking group. Noel served on the Residents' Committee for several years and helped to shape the Committee at that time. He was one of a group of committee members who hosted "Friday Flings" each week with hilarious skits, while Elva participated in Tamahere's Got Talent as a nun!

It was inspiring to see that neither Noel nor Elva never lost their appreciation of the finer means of transport. While they no longer cruised our streets in their beloved vintage cars, they did so still in style as the proud owners of matching mobility scooters and even tackled the cycleways to visit family in Hamilton.

To Elva, Lynley and Lindsay, and Sallie, our love to you all. Noel was like the Father of the Village – quiet, a twinkle in his eye, and a deep love for his wife and family. We honour him this day, and thank you and your family for the wonderful memories.



News from Lisa

The many signs of Spring around us make us want to be out there enjoying the sunshine, feeling the breeze on your face. But we are still being warned of the flu viruses around. So do keep warm and safe. We have a number of things happening in September. So mark your calendar now with the dates!



- **2 September** – Emma from Eyewear Angel will be visiting us, 9.30am in the Community Centre
- **8 September** – “Growing Older – Facing the Questions” – meeting in the Upstairs Harakeke Lounge, 10.30am
- **8 September** – Visit to Zenders to the Zenders Tulip Festival. Cost is \$15 payable on arrival – a van will leave here at 12.30pm.

Have a very happy September

Lisa

From Lisa's Photo Album in August

Just a sample of the simply beautiful hand knitted and crocheted work from our Knit and Natter Group, for the Kids in Need Charity.

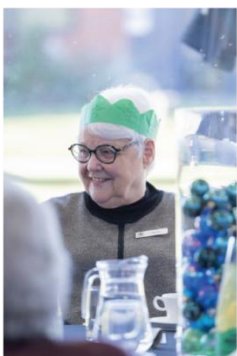






Mid Winter Christmas Lunch

at TAMAHERE EVENTIDE VILAGE



A Visit from the Living Waters Church Youth Group

On Saturday 22 August 2026 we participated in another most enjoyable afternoon with the Living Waters Church Youth Group.

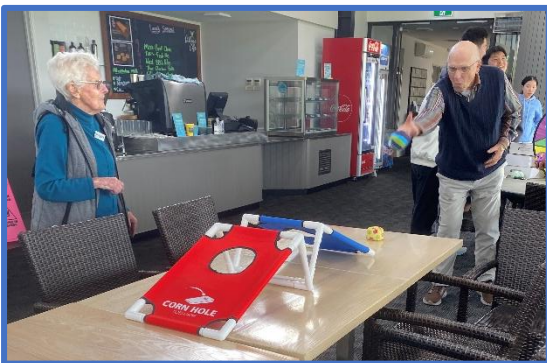
Our Visitors planned the activities and brought a variety of games for us. Most of these were easily managed and able to be played on the tables. For those of us who could move well enough, there was even an egg and spoon race using a wooden egg on a suitable spatula. As we achieved various degrees of success we were rewarded with a sticker on our hand.

After doing the rounds of the games at the tables we then moved to seats in front of the TV and were invited to join in Handbell Music, on YouTube The small handbells are all different colours, linked to the notes of music A, B, C, D etc. We were each supplied with two handbells. The music was played and the screen showed sequences of letters in different colours. As the 'bouncing ball' went along in time to the music we were to ring our bell as it landed on the appropriate coloured letter. Amid a lot of laughter, we accomplished this with wavering degrees of accuracy and timing. The Banana Boat Song, Frosty the Snowman, Sugar Plum Fairy were some of our challenges and our input was occasionally recognisable.

Judy and her team then presented us with fridge magnets that they had made and painted at an earlier visit to our village.

We are so very fortunate that Judy and her team are prepared to come along with these activities for us. Their enthusiasm and encouragement always create an enjoyable atmosphere. They are planning on coming to us again on Saturday 12 September – earlier this month because of the school holidays.

Diana Visser



Spring

Hurrah! The calendar page-turn says its Spring,
Time to enjoy the new growth it will bring.
Most of us hope the frosts and cold winds have passed
And the sun will shine for longer at last.

Fluffy yellow wattle flowers cause some to sneeze
As pollen gently floats far on the breeze.
Daffodils delight as they dance in the sun and the rain
And bursting magnolia buds speak of Spring again.

Curly fleeced lambs in fields frolic free
Tiny ducklings confidently swim where their mothers can see,
Calves on unsteady legs suckle soon after they're born
How could the new mums feel at all forlorn.

Bare winter branches of our wonderful trees
Are showing signs of soft green leaves,
Lawns look lush and need a regular mow
And gardeners are ready for work with a hoe.

Soon we'll be able to stow down jackets away
And replace cosy beanies with hats for the day.
But we have to remember September can still bring
Winds from the south that have quite a sting.

*What a treasure!! We have
another Village poet. Thankyou for
this contribution welcoming
Spring!!*

A message from our Property Manager

An automatic door lock timer has
been installed on the automatic
doors to the Community Centre at
Tamahere Eventide.

Please note that the timer is set so
that the doors automatically unlock
each day at 8am, and lock again at
6pm.

The Ten Ages of a Woman

Age 3: She looks at herself and sees a Princess!

Age 8: She looks at herself and sees a Cinderella!

Age 15: She looks at herself and sees an Ugly Sister!

“Mum, I can't go to school looking like this!”

Age 20: She looks at herself and sees too fat /thin, too short /too tall, too straight /curly – fixes herself
the best that she can, but decides she's going out anyway!

Age 30: She looks at herself, and sees too fat/thin, too tall /short, too straight /curly – but decides
she

doesn't have time to fix it so she's going out anyway!

Age 40: She looks at herself, and sees too fat/thin, too tall /short, too straight /curly – but says, “At
least I'm clean” and goes out anyway!

Age 50: She looks at herself, and sees “I am” and goes wherever she wants to go!

Age 60: She looks at herself, and reminds herself of all the people who can't even see themselves in
the mirror any more, and goes out and conquers the world!

Age 70: She looks at herself, and sees wisdom, laughter and ability and goes out and enjoys herself!

Age 80: Doesn't bother to look, just puts on a terrific hat and goes out to have fun with the world!

- Contributed by Wendy Fairweather

Hamilton East Rotary Club Update

S is for SEPTEMBER, SPRING and what else?

In the case of the Hamilton East Rotary Club, it's SHOWTIME; more precisely, Flower Show time. At our first meeting of the month on the 2nd. Of September members and their partners have the opportunity to bring along the best and brightest that their early springtime garden has to offer, in the hope of winning a prize, for either the best daffodil bloom, best other flower, most attractive foliage, or best fruit. Exhibits must be homegrown. So that all may bring something along, (not all members have gardens) there is a competition for the most interesting small ornament.

The Hamilton East Rotary Club flower show is in its 23rd year. It had its beginnings when Peter (he was a member at the time) and Lesley Ramsay from Matangi bred new varieties of daffodils for the club and the club sold them to raise funds for charities. The sale of several hundred bulbs, over a few years, of two all-yellow trumpets, the first one called "David Clarke" and the other named "Centor", realised significant funds. Most club members at the time purchased bulbs and it didn't take long for a rivalry within the club to develop and a formal competition to be set up. "David Clarke" was named in honour of a special club member at the time while "Centor" was named to celebrate the centenary of Rotary in 2005. "Centor" went on to be awarded several major prizes in local and national daffodil shows. In the early days our club show had special classes for each variety, but now-a-days we don't see many of either variety being shown as better daffodils have been hybridised.

Our guest judge for this year's show is Mrs. Bronwyn Phillips. Bronwyn and her late husband, Graham, established and ran the Clandon Daffodil enterprise near Gordonton, hybridising new varieties and also growing thousands of daffodil flowers for many years for sale at local flower markets and to passing motorists.

NEWS

Village residents are invited to come along to the Village Café at 7.00 p.m. on September 2nd to view the exhibits and then if they wish, participate along with club members in a special quiz with a horticultural flavour.

At our second meeting for the month on Wednesday 16th. our guest speaker will be Mr. Michael West, Chairperson of the WEL Energy Trust. Village residents are most welcome to come along at 7.10 p.m. and hear Michael's message.

Should any resident wish to join club members for the whole meeting, from 5.45 p.m. including sharing in a roast dinner (cost \$25.00), they are welcome. THIS MUST BE arranged no later than Sunday before the meeting, through the club contact, Ian at –

Phone 0210 728 940 or email – hookian10@gmail.com.



~~Benevolence? Kind-heartedness? Compassion? Humanitarian?~~
~~Family-Orientated? Supportive?~~

Thank you Eventide Village Neighbours

It's kind of funny, well perhaps not in a comical sense but strange is a better word, how things have a way of working out.

When Mary and I decided to retire and look around for a suitable retirement village we looked around the many choices on offer all over the Waikato and Bay of Plenty. We had a 'shopping list'. It must be a warmer climate than Taupo where we were living at the time. It must be at a reasonable cost, with good potential re-sale prospects. It must have a nice environment. Close to reliable medical facilities, a good hospital would be great. It must offer a friendly and welcoming atmosphere with the existing clientele. And to satisfy our Auckland based family, it must be closer for them so they can visit more frequently. Eventide Village ticked all the boxes and cutting to the chase, we moved in on Mary's birthday, 16th April 2025.

Now I am not complaining here, but we have had a few health 'hiccups' since we came to Eventide, no fault of Eventide! just bad personal genetics, plumbing or circulation, or all three! Many of the village residents can identify with this I am sure and some people's 'hiccups' are worse than ours. The irony of all this is that while we were concerned about being close to our own family what we weren't taking into the equation was the value of our fellow Eventide residents who brilliantly displayed all of the values and attitudes in my heading above.

These wonderful residents, you humbly know who you are, really came to the fore when I had to spend a couple of nights at Waikato Hospital recently to fix one of those pesky 'plumbing issues' as you do. These fantastic neighbours helped Mary to get our little dogs organised for a couple of nights at local boarding kennels, people called on Mary to check on her welfare and make sure she was OK or just to have a friendly chat to reassure her that help was nearby if she needed it. When I did return home, others made us a delicious Shepherd's pie, while others came with award-winning soup of several varieties, *'to save you cooking'* we had several phone calls to offer help, *'Just call if you need anything'* Others took washing in and folded it. Brilliant.

We were delighted and amazed with the support and kindness of these fantastic people to help us get 'back on top'. I will not name them but they know who they are but please accept our deepest gratitude and blessings to you all. Thank you so very much and be assured that I am a firm believer in paying it forward. As a classic movie says- If **you** need help just call.

...and we moved to Eventide to be nearer to family. The 'family' was here all the time!

Thank you,
Mary and Wayne Wilson, Villa six

How to keep your privacy online

There are multiple ways you can lose your privacy online – through your operating system, through your web browser, your search engine, your email provider, pirated software and malware, and your phone. Let's look at each of those in turn. By default, Windows 10 and 11 send a lot of data about your web browsing, computer usage, even keystrokes and your voice, back to Microsoft headquarters. Of course, they say they're not doing anything with it other than improving their product, but after the "5-eyes" scandal showed Microsoft, Apple, Google and many other companies were sharing sensitive user data with the CIA, it's hard to know whether you can trust them.

The best way to avoid all that is to run Linux instead, but pragmatically most of us can't do that for reasons ranging from technical difficulty through to needing to use Windows-only programs or hardware. The 2nd-best way is to download a free program called 'O&O ShutUp10' and apply the "recommended settings". This will turn off the bulk of Microsoft's spying and "phoning home". Your web browser does some similar things, and again it depends how much you trust Google (who makes Chrome) or Microsoft (who makes Edge and Internet Explorer) as to how that makes you feel. One solution here is to use Firefox, which is more robust than Chrome/Internet Explorer/Edge and is developed by a non-profit (Mozilla) with internet security and privacy as it's core goals.

Your search engine also tracks your searches, if you're using any of the main ones like Google or Bing. But DuckDuckGo, a silly-named-but-fully-functional search engine, doesn't track you and has a similar interface. There's also Ecosia which is more environmentally-oriented and donates to forest operations. If you're using a free email service like Gmail or Outlook, those will scan your emails and send (supposedly) anonymous data back to their parent companies. You can pay for a private email address instead from services such as ProtonMail, or use the email address supplied by your internet service provider.

Using pirated software or being infected by malware can also cause your computer to transmit data to third parties. Even some non-pirated 'free software' online can contain "PUA"s or "Potentially-Unwanted-Programs", which can harvest user data and send it through to analytical firms. These are malware, though not as malicious as the viruses which tend to piggyback on pirated software. If you're using pirated software, please stop doing so; there are plenty of legitimately-free open-source variants of the many different types of software out there, ranging from office suites (Libreoffice) through to 3D-modelling programs (Blender). It's not worth getting a virus just to use something you're more familiar with.

None of the above even covers how your phone tracks your movements and reports them back to Google/Apple! The simplest way to avoid this is to turn off "location" awareness on your phone until you need it (ie. for google maps and the like). You'll notice I haven't gone into the likes of Facebook, Twitter etc. The reason for this is that you essentially sign away your rights when you sign up. There are a few things you can do to increase your privacy with third parties and strangers (do a web search for "increase facebook privacy" for more details), but you can't hide the data from the companies themselves. You may think you're sharing your data with just friends and family, but it goes beyond that.

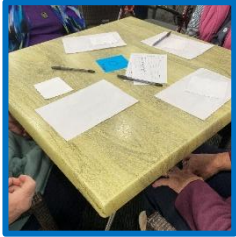
There's a price we pay for a lot of these free things online, and it's not always obvious what that is. A lot of the time we just have to trust that nothing too bad will come of it – but sometimes, it's worth thinking, do I really want Mark Zuckerberg knowing what I wrote to my nephew on Christmas Day?

Not feeling secure with your data? Contact Matt at 0211348576 or

info@homepcsupport.co.nz \$80 per hour, or \$70 for drop-off-to-workshop services.



News from the Residents' Committee



Wow what a great night we had for the Quiz on Friday the 10th of August. Around 43 people turned up to answer questions set by Bruce Henderson. At the end of the evening, we had two teams who managed to tie. They were the lucky ones and got a bar of chocolate. (I hope that sharing is caring!!) The next quiz night is to be held on the 9th October 2026 at 4.00pm.



Our next big-ticket item is the Fashion Parade (sorry guys no male models this time, but feel free to come along and support our women folk as they strut their stuff).

This is followed by a Jazz afternoon. Sunday 13th September. Come along to listen to live band "Art Gecko". Theme will be black and white. More information to come.

At our last committee meeting we discussed:

- Movie night – Committee is in discussion with Gray on this matter.
- We are still working with the bank to set up our bank account. The banks require lots of information now which seems to be taking an age.
- A survey was presented to committee members, however more work needs to be done before it is presented.
- Community Centre Lock up. Management has decided to have automatic door openers and shutters put in when they are available.

If residents have any ideas for entertainment in the village, please contact a committee member and we will certainly give your ideas consideration.

Carol Hancock



The Residents Committee invite you to a Fashion Parade presented by Caroline EVE from Chartwell.

This Fashion Parade will be held in our Community Centre on Thursday 10 September 2026, at 2.00pm.

Eight of our fellow village ladies have agreed to be models for us. Don't miss this opportunity to view the Spring range of clothing.

Q's GATR Board: *Made in Chad's Shed (not in China)*

What on earth is that I hear you say? Well, it is my pet name for my guitar amplifier tone reflection panel, (gatr board is easier to say and it sounds way more dangerous).

I play guitar and wear hearing aids and as I get older achieving the sound I want has become more challenging. I play in both our church worship group and our old rock and roll band, in every place we play, my tone and sound is different. The natural warm clear sound I hear at home can disappear completely in a larger room.

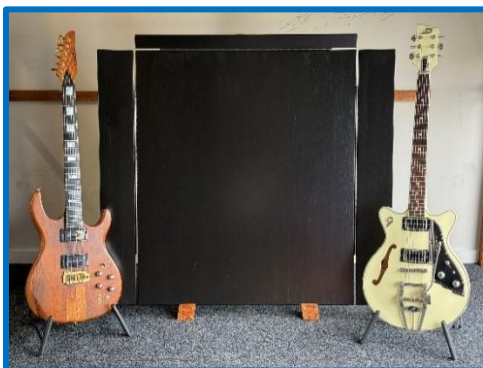
This project began with one simple question; can I make my guitar sound in church or a hall, as good as it does at home? It took a lot of research and assistance from Chat GPT and months of experimenting, sketching, redesigning, and solving one problem after another, many nights lying in bed nutting out how I was going to this or that – before the finished board came together.

There were so many questions! I had to start at what the finished result would look like and how it would function, then work my way back through all the processes I needed to do to get there. Ultimately what I wanted was to be able to have a more consistent warm, natural, clear tone anywhere I played.

A brief description; the reflection panel sits raised a little off the floor, mounted on an adjustable easel. It has adjustable side wings and an adjustable top wing that can be set and tuned for different rooms and spaces.

I would never have been able to do this at home, so I really do appreciate having such a wonderful workspace and the wood working machinery in Chad's Shed. I think I used every machine at least once, some of them many times. The bench space in there is awesome, being able to have my panels and all the different components set up on a bench while going to the drop saw, or the drill press, or the vice – it is such a great space.

My GATR Board does more than I thought it would better than I thought it would, so I am very happy with how it has turned out, and it kind of cool to create something that, as far as I know, did not already exist. At this stage of my life, in this place of Tamahere Eventide to have the time to ask, I wonder if? and then discover the answer, make it and have it performing better than I thought it would, is so satisfying. Then, afterwards sitting down with my guitar, playing some music, with a nice single malt is rather special, a nice way to celebrate a special; project.



What's Going On?

With a friend I had a 'bit of a tootle around' last week and this what I found - in just one morning! -



Spring at Zenders Cafe/Restaurant - TULIP FESTIVAL - 6th - 20th September – Tuesday, Thursday & Sunday 11am and 1pm. A cost of \$15.00 per person. The tour includes - The Zenders Story - Guided Walk around the grounds to view the tulips. A regular hot drink & delicious sweet treat from Zenders Cafe after the tour.

Places are limited to just 20 guests per tour. Bookings are essential. Tours are weather permitting.

If interested, make your booking (pay on arrival) 07 595 0640 - 44 Hopkins Rd, Newstead. From Hillcrest, take the main road to Morrinsville, turn left at the second roundabout, turn right and look for Hopkins Rd. Zenders is a popular eatery, open 7 days, for lunch and coffee breaks.

Called in at the **OLD MATANGI MILK FACTORY** - and discovered three interesting places.

HOMEBREW COFFEE - A small (and very new) coffee shop/cafe. Open Monday to Friday 7am - 2pm. Tasty scones and muffins, some of the baking comes from Volare!

TIS THE SEASON - Monday to Friday 9.30 - 4pm - Saturday 9.30 - 3pm. A great place for everything you could need for knitting, needlework, patchwork and crafts. Just to walk around and take in everything on offer is a treat.

THE SUNDAY SOCIETY - Wednesday and Friday 10am - 4pm Sunday 10.am to 2pm.

A good place if you are looking for a gift. Many items imported from Europe. A really interesting place.

THE BOOTLEG BREWERY AT MATANGI -

Open - Thursday 3pm - 7pm Friday 3pm - 8pm

 Saturday 12 pm - 8pm Sunday 12pm - 7pm

They have a variety of food trucks and Pizza Trucks at different times. A dog friendly place - live entertainment most weekends.

With a friend I went into Hamilton Central to 'check out' **David's Emporium** - We needed a few items for a sort of dress up party! You will find this store, which has absolutely everything, on Barton St and plenty of parking also.

We now have two hours of free parking in Hamilton Central. We parked along Victoria St (St. Peter's Cathedral end of Victoria Street). This end of Victoria Street is so busy, full of places to eat, from the cheap and quick to up market dining.

After a walk around this area, we visited the Museum, The Artspost, and the new BNZ Theatre. We had lunch at the refurbished **HAMILTON HOTEL** and then back to the Artspost for some information.

HAMILTON ARTSPOST - 1st - 27th September - Waikato Potters Annual Exhibition - Printmaking. Painting, and a display from Rototuna Senior High School. Monday to Friday 9am - 5pm - Saturday 9am - 3pm - Open 6th Sept Father's Day 11am - 2pm - phone 839 4481.

NATIONAL DAFFODIL SHOW 19th & 20th September - at Hamilton Gardens - This is the 100th Annual North Island Daffodil Show organized by the National Daffodil Society. Saturday 1pm - 4pm Sunday 10am - 4pm -entrance fee \$5.00.

CLAUDELANDS EVENT CENTRE - There are so many events going on - here are a few -

- Farmers' Market every Sunday - 8.30am - 12pm
- 50th NATIONAL BOTTLE SHOW - 11th - 13th September

- Hamilton Collectibles - The Barn, Brooklyn Rd, Saturdays monthly 8.30 - 1.30 - 19th September.
- 2026 CHEERFACTOR – 26th & 27th September - A high energy weekend as top Cheerleaders compete. Get more information on Google.
- 2026 AFRIKA BAZAAR - 19th Sept - Hall 11am - 5pm. A Showcase of Afrikan Culture, Music, Dance and more – FREE.

HAMILTON CENTRAL LIBRARY - Cultural Space

Hamilton's Central Library has opened Te Paataka, an interactive Maori Art installation celebrating local stories and connections to the land. Located within Te Kopu Mania o Kirikirioa, the welcoming space is designed to deepen understanding of local narratives while enhancing visitors' experience at one of the city's most popular community hubs.

LIONS TRASH 'N' TREASURE MARKET - Every 2nd Sunday of the month.

Cambridge Memorial Park (Rugby Grounds) - 8.30am - 1pm - come along to enjoy the many market stalls selling a variety of goods. Food Caravans and entertainment.

LOCAL PLACES TO EAT;

- The Boundary - Restaurant and bar
 - Forever Bound - Cafe
 - Ponyo Don Buri - cafe and takeaway - very tasty
 - Tamahere Bakery /Takeaway
 - Punnet - Cafe
- All the above are at Tamahere.
- HAMILTON - Smith & McKenzie, Lynden Court, opposite Chartwell Shopping Centre. Monday to Friday they are offering lunch at 15% discount for Gold Card folks.
 - Keystone Restaurant & Bar - 150 Victoria Street, Hamilton - Serving Lunch and Dinner from Tuesday to Saturday - opens at 12pm - Offering a \$16.00 Lunch - Live Music Friday and Saturday – ph 839 4294
 - CAMBRIDGE - We tried ONYX, Alpha Street. Open 7 Days for lunch and dinner - 07 827 7740. We were at ONYX for lunch and the food and the service is excellent. Good idea to book if taking the whole family.

Pauline Eastwood – Villa 58

A Senior's Version of Facebook

For those of my generation who do not, and cannot comprehend why Facebook exists:

I am trying to make friends outside of Facebook while applying the same principles. Therefore, every day I walk down the street and tell passers-by what I have eaten, how I feel at the moment, what I have done the night before, what I will do later and with whom. I give them pictures of my family, my dog and of me gardening, taking things apart in the garage, watering the lawn, standing in front of landmarks, driving around town, having lunch, and doing what everybody does each day. I also listen to their conversations, give them "thumbs-up" and tell them I "like" them. And it works just like Facebook. I already have four people following me: two police officers, a private investigator and a psychiatrist.

NEWS FROM VILLAGE GROUPS

The Book Club

All those who are interested in reading books, and learning of the wide range of books read by other residents, are most welcome at the monthly meeting of the Village Book Club. They meet at **3.30pm on the first Monday of each month** in the small Lounge in the Community Centre. Their next meeting is Monday 7th September.



One of the books read by members of our group this month is:

A Life on Our Planet – David Attenborough (Mary-Rose)

When David Attenborough was 94, he wrote this book. He called it his “Witness Statement and Vision for the Future.” And who better to write such a book? David Attenborough began working with the BBC in 1937, making documentaries on wild life, which had been his passion since childhood.

Part One of the book describes the changes in nature he observed in the passing decades, as population on the planet increased, carbon dioxide levels rose in the atmosphere and wilderness cover reduced.

Part Two followed those changes through future decades to predictable, dire outcomes; a short, hard read.

Then came the vision of what we, the inhabitants of Planet Earth need to do to ensure a liveable future for our descendants. Some of these actions are truly underway, others languishing – waiting for action. I found this part of the book both inspiring and challenging.

“A Life on Our Planet” is a beautifully produced book; lots of pictures, clear reference noted and large print. I recommend it to anyone who has the slightest interest in the past and future of our home planet. It can be found in the Waikato District Council Library.

Petanque

This is an enjoyable activity every Saturday morning at 10am, weather permitting. You will find us at the end of Tidd Lane on the edge of the gully.



We play an easy sociable game for one hour and all residents are welcome to join us. If you have never played Petanque, we can help you to learn.

Pauline Eastwood – Villa 58

Tamahere Global Village

Global Issues will be discussed on Wednesday 2 and 16, 4pm in the Lower Harakeke Lounge.

We will continue to monitor global events each meeting, and explore some of the principles and activities which may influence the way the world develops.

Enquiries - Gray Southon, email gray@southon.net - Ph 0211 020 977

Games Afternoons

You will find residents in the Community Centre every Monday and Friday starting at 1pm.

Just now we have up to three tables of players enjoying RUMMIKUB. As of last week, another game is being explored and this game is TRIOMINOS. But if you have a game you enjoy playing, bring it along and maybe another resident will join you.

All are welcome to come and join us, come to watch, or come to 'give it a go' - We are happy to show you how to play.

Pauline Eastwood – Villa 58

Knit and Natter Group

What a great group of ladies knit and craft in this village!

I hope you enjoyed the display of the latest goodies to go to Kids in Need Waikato. We had a good turnout of village residents visiting the Community Centre and we enjoyed hearing the expressions of enjoyment over the colours and designs.

We continue to craft goodies for them and accept other donations, like toiletries etc. too. We gather in the Lower Harakeke Lounge on Friday mornings at 10am.

Helen Painting ph 854 7662

Ukulele Sing-a-long Group

The Ukulele group are an enthusiastic little group who meet in the downstairs Harakeke lounge on Thursday afternoons at 2 pm, (but not the last Thursday of the month), to sing and make music together. We welcome anyone to pop in to our sessions. It gives us pleasure to be able to play for the Rest Home and Day Programme for their entertainment.



Ngaire, v 102, has kindly donated a ukulele to the village group; if anyone would like to try to learn it before they bought one, please feel free – just give Keith or Janice a call, or if you prefer, just stop by one of our Thursday afternoon gatherings and have a go.

Contact Keith or Janice, Villa 10, or ph. Keith 021 255 1653., Janice 021 262 4469

Pool

We meet on Mondays at 1pm in the Café. New people are always welcome – we are a friendly bunch. If you haven't played for a while, dig out those old skills – if you are new to the game, we are happy to teach you. Come and join us.

Library News

Current Layout

- Here is a reminder of the current layout in the library:
 - Waikato District Library books in the first 2 bays under the clock with Tamahere Biographies in the 3rd bay
 - Tamahere Fiction right along the wall under the TV with Non fiction on the bottom shelves near the window

Thanks

- We like sharing good news! The missing Hamilton City Library book turned up and was returned to Hillcrest Library 😊. Thanks to the family member who saw our notice in the last Vista and found it in her Mum's room.

Opening Hours

- We understand the Community Centre/Library is now open 8am to 6pm daily.
Don't worry if it sometimes looks a bit dark in the late afternoon as the staff turn all the lights off when they go home and these times vary. However, the front door is now unlocked until 6pm.
In the library there are two wee buttons on the wall to your left as you come in. The left button operates the lights and the right one operates the blinds. Just press the left button once to turn the lights on and press again to turn the lights off before you leave.

We just love seeing how much the library is being used.

Jenny V98 & Gill V84
Librarians

Movies for September

Movies are shown in the Community Centre - on Fridays 4pm.

4 September - Les Miserables 2hrs 38

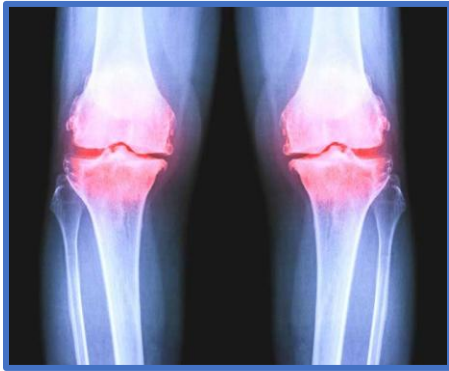
Based on the novel by Victor Hugo, 'Les Miserables' travels with prisoner-on-parole, 24601, Jean Valjean, as he runs from the ruthless Inspector Javert on a journey beyond the barricades, at the centre of the June Rebellion. Meanwhile, the life of a working class girl with a child is at a turning point as she turns to prostitution to pay money to the evil innkeeper and his wife who look after her child, Cosette. Valjean promises to take care of the child, eventually leads to a love triangle between Cosette, Marius who is a student of the rebellion, and Eponine, a girl of the streets. The people sing of their anger and Enjolras leads the students to fight upon the barricades.

18 September - Little Women 1hrs 55

Jo struggles for independence and sometimes clashes with her beloved mother and sisters Meg, Amy and Beth. She also contends with their cranky Aunt March, their impulsive neighbour Laurie and kindly linguistics professor Friedrich Bhaer.



Our Rehabilitation Corner



Osteoarthritis is a degenerative joint disease that can affect the many tissues of the joint. It is by far the most common form of arthritis, affecting more than 32.5 million adults in the United States, according to the Centres for Disease Control and Prevention.

Historically, osteoarthritis (OA) was known as a “wear and tear” condition, associated with aging. But we know now that it is a disease of the entire joint, including bone, cartilage, ligaments, fat, and the tissues lining the joint (the synovium). Osteoarthritis can degrade cartilage, change bone shape, and cause inflammation, resulting in pain, stiffness, and loss of mobility.

OA can affect any joint, but typically affects hands, knees, hips, lower back, and neck. Its signs and symptoms typically show up more often in individuals over age 50, but OA can affect much younger people, too, especially those who have had a prior joint injury, such as a torn ACL or meniscus. It typically develops slowly over time, but after such an injury, it can develop much more rapidly, within just a few years. OA is not an inevitable aging disease; some people never develop it.

There is no cure for OA, but there are ways to manage OA to minimize pain, continue physical activities, maintain a good quality of life, and remain mobile.

Factors that may contribute to the development of OA include:

- **Age.** The risk of developing OA increases with age and symptoms, but not always, appear in people over 50.
- **Joint injury.** A bone fracture or cartilage or ligament tear can lead to OA, sometimes more quickly than in cases where there is not an obvious injury.
- **Overuse.** Using the same joints repeatedly in a job or sport can result in OA.
- **Obesity.** Excess weight adds stress and pressure on a joint, plus fats cells promote inflammation.
- **Musculoskeletal abnormalities.** Malalignment of bone or joint structures can contribute to faster development of OA.
- **Weak muscles.** If muscles do not provide adequate joint support, poor alignment can result, which can lead to OA.
- **Genetics.** People with family members who have OA are more likely to develop it.
- **Gender.** Women are more likely to develop OA than men.
- **Environmental Factors.** Modifiable environmental risk factors include things like someone’s occupation, level of physical activity, quadriceps strength, presence or absence of prior joint injury, obesity, diet, sex hormones, and bone density.

Symptoms tend to build over time rather than show up suddenly. They include:

- Pain or aching in a joint during activity, after long activity or at the end of the day.
- Joint stiffness usually occurs first thing in the morning or after resting.
- Limited range of motion that may go away after movement.
- Clicking or popping sound when a joint bends.
- Swelling around a joint.
- Muscle weakness around the joint.
- Joint instability or buckling (as when a knee gives out).

OA may affect various parts of the body in different ways.

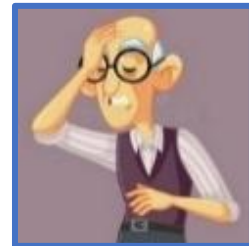
- **Hips.** Pain in the groin area or buttocks and sometimes on the inside of the knee or thigh.
- **Knees.** A “grating” or “scraping” feeling when moving the knee.

- **Fingers.** Bony growths (spurs) at the edge of joints can cause fingers to become swollen, tender, and red, sometimes with pain at the base of the thumb.
- **Feet.** Pain and tenderness in the big toe, with possible swelling in the ankles or toes.

*Prepared by: Rosalyn Pelaez
Allied Health Coordinator – Tamahere Eventide
Source: Arthritis Foundation*

It's Puzzle Time

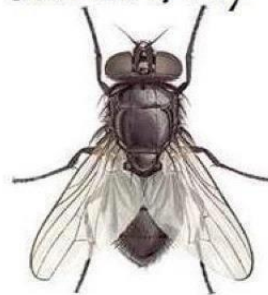
A different type of quiz this month!! I'm interested to know if it's too easy!
The answers are on page 27.



What is the

1. Longest Day
2. Shortest Day
3. Smallest Continent
4. Largest Continent
5. Longest Wall
6. Tallest Building
7. Longest River
8. Largest Desert
9. Largest Country
10. Smallest Country
11. Longest Human Bone
12. Smallest Human Bone
13. Largest Ocean
14. Highest Mountain
15. Fastest Bird
16. Hardest Substance
17. Lightest Gas

how to tell the Sex of a Fly



A woman walked into the kitchen to find her husband stalking around with a fly swatter.

"What are you doing?" she asked.

"Hunting flies," He responded.

"Oh! Killing any?" she asked.

"Yep, 3 males, 2 females," he replied.

Intrigued, she asked.

"How can you tell them apart?"

He responded,

"3 were on a beer can,
2 were on the phone."

All residents receive a copy of the Vista each month. These can be on paper and delivered to your letter box or, in the interests of saving our planet (and the trees, and reducing waste etc) you might choose to have an electronic copy.

If you would prefer to receive your copy by email, please contact the Editor, at christchurchclass@gmail.com

Our Chuckle Corner

Hospital regulations require a wheel chair for patients being discharged. However, while working as a student nurse, I found one elderly gentleman already dressed and sitting on the bed with a suitcase at his feet, who insisted he didn't need my help to leave the hospital.

After a chat about rules being rules, he reluctantly let me wheel him to the elevator. On the way down I asked him if his wife was meeting him.

'I don't know,' he said 'She's still upstairs in the bathroom changing out of her hospital gown.'

A student at business management school walked up to a very pretty co-student and gave her a huge hug and a kiss on the cheek straight out of the blue.

The surprised girl asked, "What did you do that for?"

Smiling back at her, he said, "I was practising my direct marketing."

Then the girl slapped him soundly on the cheek.

"What was that for?" he asked.

"Customer feedback," she replied.

A couple in their nineties are both having problems remembering things. During a checkup, the doctor tells them that they're physically okay, but they might want to start writing things down to help them remember.

Later that night, while watching TV, the old man gets up from his chair. 'Want anything while I'm in the kitchen?' he asks.

'Will you get me a bowl of ice cream?'

'Sure.'

'Don't you think you should write it down so you can remember it?' she asks.

'No, I can remember it.'

'Well, I'd like some strawberries on top, too. Maybe you should write it down, so's not to forget it?'

He says, 'I can remember that. You want a bowl of ice cream with strawberries.'

'I'd also like whipped cream. I'm certain you'll forget that, write it down?' she asks.

Irritated, he says, 'I don't need to write it down, I can remember it! Ice cream with strawberries and whipped cream – I got it, for goodness sake!'

Then he toddles into the kitchen. After about 20 minutes, the old man returns from the kitchen and hands his wife a plate of bacon and eggs. She stares at the plate for a moment.

'Where's my toast?'

An Aeroplane Was About to Crash

There were four passengers on board, but only three parachutes.

The first passenger said, "I am Stephen Curry, the best NBA basketball player. The Lakers and my millions of fans need me, and I can't afford to die." So he took the first pack and left the plane.

The second passenger, Donald Trump, said, "I am the President of the US, and I am the smartest President in American history, so my people don't want me to die." He took the second pack and jumped out of the plane.

The third passenger, the Pope, said to the fourth passenger, a ten year old schoolboy, "My son, I am old and don't have many years ahead so I will sacrifice my life and let you have the last parachute."

The boy said, "That's OK, Your Holiness, there's a parachute left for you. America's smartest President took my schoolbag."



Can you identify any difference between these two images??

A little girl, dressed in her Sunday best, was running as fast as she could, trying not to be late for Bible class. As she ran, she prayed, "Dear Lord, please don't let me be late! Dear Lord, please don't let me be late!"

As she was running and praying, she tripped on a curb and fell, getting her clothes dirty and tearing her dress. She got up, brushed herself off, and started running again.

Again, she prayed, "Dear Lord, please don't let me be late! ... But don't shove me either!"

Answers to the Quiz on page 25

1. 22nd December
2. 21st June
3. Australia
4. Asia
5. Great Wall of China
6. Burj Khalifa
7. Nile River
8. Antarctica
9. Russia
10. Vatican City
11. Femur (Thigh)
12. Stapes (Ear)
13. Pacific Ocean
14. Mount Everest
15. Peregrine Falcon
16. Diamond
17. Hydrogen

Tamahere Retirement Village – Calendar of Events – September 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10.00 Bowls 10.30 Chartwell 11.0 Catholic Mass/C (Mons Frank)	2 9.15 Strengthening exercises with dumbbells / CC 9.30 Eyewear Angel /CC 10.30 New World 4.00 Global Village /HDL 5.45 Rotary Club Meeting/CC	3 PODIATRIST HERE 10.00 Bowls 10.30 Coffee Group/CC 2.00 Ukelele Group/ HDL	4 9.15 Seated exercises for core strengthening /CC 10.0 Knit & Natter/HDL 1 pm Board Games/CC 4.0 Movie /CC "Les Miserables"	5 10.0 Petanque– near V28
5 4.00 Worship in Wesley Chapel led by Rev. Dr. Susan Thompson	7 9.15 Seated cardio- endurance Exercises/CC 10.0 The Guys Group /CC 1 pm Board Games, Pool/CC 3.30 Book Club /cc 7.0 Indoor Bowls/CC	8 10.00 Bowls 10.30 Chartwell 10.30 "Growing Older – Facing the Questions"/HUL 12.30 Van Trip to Zenders Tulip Festival	9 9.15 Strengthening exercises with dumbbells / CC 10.30 New World	10 10.00 Bowls 10.30 Coffee Group/CC 2.00 Ukelele Group/HDL 2.00 Village Fashion Parade/CC	11 9.15 Standing Balance Exercises/CC 10.0 Knit & Natter/HDL 1 pm Board Games/CC	12 10.0 Petanque– near V28 11.0 Catholic Liturgy /C (Sue Kenrick) 2.00 Living Waters Church Youth Group here /CC
13 Jazz Afternoon /CC 4.00 Worship in Wesley Chapel led by Margaret Birtles	14 9.15 Seated cardio- endurance Exercises/CC 10.0 The Guys Group /CC 1 pm Board Games, Pool 7.0 Indoor Bowls/CC	15 10.00 Bowls 10.30 Chartwell 11.0 Catholic Mass/C (Mons Frank)	16 9.15 Strengthening exercises with dumbbells / CC 10.30 New World 11.0 Holy Communion /C (Rev. Dr Susan Thompson) 4.00 Global Village /HDL 5.45 Rotary Club Meeting /CC	17 10.00 Bowls 10.30 Coffee Group/CC 2.00 Ukelele Group/HDL	18 9.15 Seated exercises for core strengthening /CC 10.0 Knit & Natter/HDL 1 pm Board Games/CC 4.0 Movie /CC "Little Women"	19 10.0 Petanque– near V28
20 4.00 Worship in Wesley Chapel led by Nan Russell	21 9.15 Seated cardio- endurance Exercises/CC 10.0 The Guys Group /CC 1 pm Board Games, Pool/CC 7.0 Indoor Bowls /CC	22 10.00 Bowls 10.30 Chartwell	23 9.15 Strengthening exercises with dumbbells / CC 10.30 New World	24 10.00 Bowls 10.30 Coffee Group/CC 3.00 Happy Hour /CC	25 9.15 Standing Balance Exercises/CC 10.0 Knit & Natter/HDL 1 pm Board Games/CC	26 10.0 Petanque– near V28 11.0 Catholic Liturgy /C (Clive Bleaken)
27 DAYLIGHT SAVING STARTS 4.00 Worship in Wesley Chapel led by Rev Mohu Lolohea	28 9.15 Seated cardio- endurance Exercises/CC 10.0 The Guys Group /CC 1 pm Bd Games, Pool/CC 7.0 Indoor Bowls /CC	29 10.00 Bowls 10.30 Van trip to The Base	30 9.15 Strengthening exercises with dumbbells / CC 10.30 New World	Colour Coding Blue Green Red Black Health Clinics Exercise Groups Groups, Trips, Games Church Services		
cc = Small Lounge in Community Centre HDL = Harakeke Downstairs Lounge CC = Community Centre C = Wesley Chapel HUL = Harakeke Upstairs Lounge						